

# It's fun to play at home

## Play dough!



Nottinghamshire  
County Council



**Prebend  
Pre-school**  
Committed to equality & safeguarding children in our care



### Make your own dough:

2 Cups of flour  
1 Cup of salt  
2 Tablespoons of oil  
2 Teaspoons of cream  
of tartar  
2 Cups of hot water  
Heat in a pan and keep  
stirring

### Add:

Scent (Coffee/ essential  
oils)  
Textures (Oats/Rice)  
Colour (Food colouring/  
glitter)

Explore and mix the dough  
together.

Use words to describe.

Flatten out and cut  
shapes.

Find things to use with the  
dough from your home.

### Lets talk:

cold  
sticky  
flat  
smell  
smooth  
mix  
more  
roll  
squash  
press

This will help your child to explore colour, texture, scent and  
language.

