



Nottinghamshire
County Council



Prebend Pre-school
with Woodland Learning
Committed to equality by safeguarding children in our care



It's fun to play at home

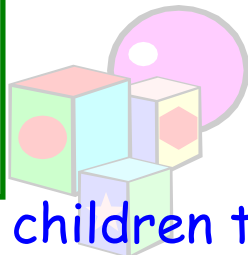
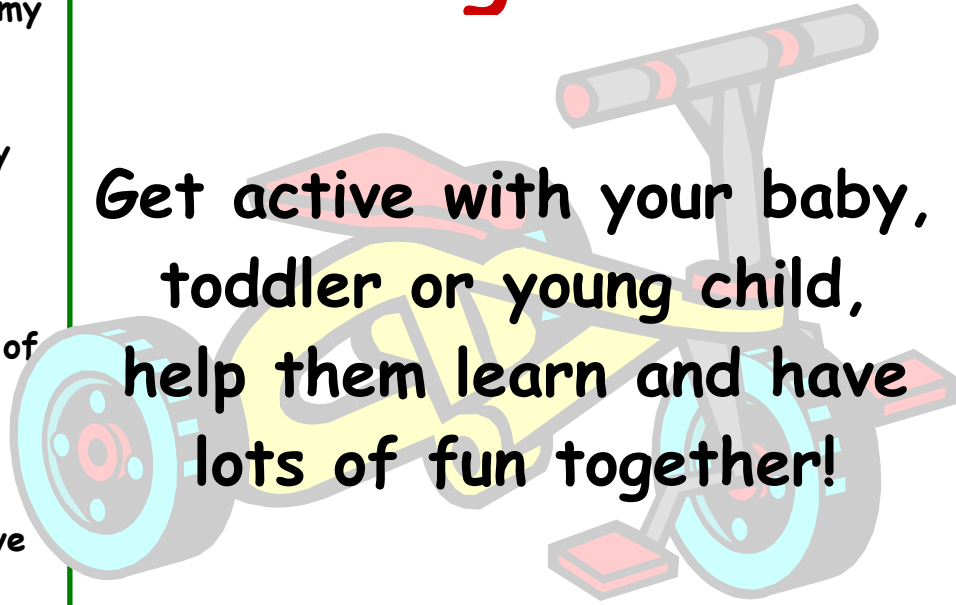
Building Active Minds!

Ideas to get active:

Young babies need tummy time every day to help them develop their bodies and brains. Try playing with bubbles, floaty scarves and favourite toys to make this time fun for both of you.

Toddlers love to run, jump and explore. Have fun together outdoors, jump in puddles, dance in the wind, throw bread to the ducks in the park!

Get active with your baby, toddler or young child, help them learn and have lots of fun together!



Lets talk:

- Roll
- Crawl,
- Tummy time
- Creep
- Run
- Jump
- Boo!

Helping your children to keep their bodies active will help their brains develop too!